



Urgent: Required Collection of Year 7 Students from 11.30am, Friday 9th September 2020

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Requirement for your child to self-isolate for 14 days

Dear Parent/ Carer,

I am writing to you as this morning we have been informed of a second confirmed case of Covid-19 within Year 7. As this second case falls just within the 14-day period following the first case, we are taking the most cautious approach to minimise risk to all. All Year 7 students are required to remain at home for 14 days until they return to school on Monday 2nd November for the new half term.

Parents of Year 7 children currently in school should make arrangements to collect their child via the main entrance as soon as possible. Please telephone: 01522 529203 if you intend to make alternative arrangements. We can only allow students to leave the school site once arrangements have been confirmed.

In the meantime, I will be speaking to all Year 7 students during break time this morning to reassure them before they depart. These are challenging times for all of us, but it is of paramount importance that our students do not feel alarmed and understand that adults are working together to take calm sensible precautions.

Year 7 Students already self-isolating (as requested by LCA)

A small number of Year 7 students have already been self-isolating from Tuesday 29th September as a precautionary measure. If your child is one of those currently at home and is feeling well and showing no symptoms at the end of the 14-day period of self-isolation, then they can return to usual activities, including returning to school on Monday 12th October.

Further Guidance

Your child does not need to be tested unless they become symptomatic and your household does not need to self-isolate unless the contact (your child) gets symptoms. Siblings can continue to attend school throughout this period. We are asking you to support these preventative measures to reduce the further spread of COVID 19 to others in the community.

During the period of term time isolation, we will provide remote learning for students via 'ShowMyHomework'; further information will follow shortly.

Further guidance for those who have been identified as a close contact of someone with confirmed coronavirus (COVID-19), but do not live with that person, can be found here: <https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

The attached guidance provides important information on the symptoms of Covid-19, how to prevent the spread and what do if your child develops symptoms. For most people, coronavirus (COVID-19) will be a mild illness.

Thank you for your understanding and support at this time.

Yours sincerely,

Mrs Louise Laming
Headteacher

COVID-19 IMPORTANT INFORMATION

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at:

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19, including:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 . If you have difficulty obtaining a test, please get in touch as we have a small supply in the academy.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'. The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school/college or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community. If you are able, you can move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Further Information

Further information is available at: <https://www.nhs.uk/conditions/coronavirus-covid-19/>